

CLASSIC TOUR OF NEPAL



COUNTRIES VISITED: **NEPAL**

TRIP TYPE: Cultural Tour

TRIP GRADE: Easy

TRIP STYLE: Hotel

NAN Based On 0 Reviews

KG Carbon Footprint

TRIP LEADER: Local Leader

GROUP SIZE: 2 - 10 people

NEXT DEPARTURE: 06 Oct 2024

5 Trees Planted for each Booking

This is a tour to this fascinating country while staying in a hotel for every night of itinerary. You have time to explore Kathmandu, Pokhara, Bandipur, Dhulikel, Bhaktapur and visit Chitwan National Park.

There are superb mountain panorama views of the Himalayas from your hotels at Bandipur, Pokhara and Dhulikel. On a clear day you will see Annapurna, Dhaulagiri and Mount Machapuchare (known as Fishtail mountain).

Throughout this itinerary you stay at mid level hotels mainly three star (Kathmandu: Hotel Tibet; Bandipur: Old Inn; Pokhara: Hotel Landmark and Trek O'Tel; Chitwan: Jungle Villa Resort; Bhaktapur: Planet Bhaktapur and in Dhulikel: Dhulikhel Lodge Resort).

There is no day to day trekking in this itinerary apart from the option Namobuddha to Dhulikhel on Day 10 however there are opportunities for day walks while in Pokhara, Bandipur and Dhulikel.

You have the option to join one of our fixed date departures or to have a private tour tailored to dates that suit you.

WHAT'S INCLUDED

- Internal travel in a private car or minibus with a driver.
- Private transfers including airport collections.
- One day sightseeing in Kathmandu with a Nepalese cultural guide and private vehicle including all entry tickets.
- Twin-share rooms at all locations.
- Breakfast only at all hotels.
- UK-registered charity, Pipal Tree, will plant 6 trees for you in the Gurkha Memorial Forest in southern Nepal.
- Full financial protection for all monies paid to us through our membership of Association of Bonded Travel Operators Trust (our ABTOT membership number is 5365) and having an Air Travel Organiser's Licence (our ATOL number is 10921).
- Pre-departure support and advice from The Mountain Company by email, phone, Zoom, or face-to-face meetings in London. After booking with us we will send our comprehensive "Nepal Pre-Trip Information" notes.

ITINERARY

DAY 1: ARRIVE IN KATHMANDU (1,400M)

Arrive in Kathmandu

No meals

Hotel Ambassador in Kathmandu

A driver will be sent to collect you on arrival at Kathmandu airport and to bring you back to the hotel. Please provide travel plans on booking and we will arrange the pick-up and transfer. A full tour briefing will be given in the afternoon.

DAY 2: SIGHTSEEING IN KATHMANDU

Sightseeing in Kathmandu

Breakfast

Hotel Ambassador in Kathmandu

This is a one day guided sightseeing tour of the Kathmandu Valley visiting three out of the seven World Heritage Sites. You will start off by visiting Patan Durbar Square then drive to the Buddhist stupa at Boudhanath followed by the last stop of the day at the Hindu shrine of Pashupatinath. The tour is likely to finish around 4pm and the rest of the day is free to further explore Kathmandu.

Three major towns are located in the valley, Kathmandu, Patan and Bhaktapur, each having a great artistic and architectural tradition. Kathmandu is the capital and the largest city in the country. Patan, the second largest is separated from Kathmandu by a river. Bhaktapur, the third largest, is towards the eastern end of the valley and its relative isolation is reflected in its slower pace and more distinctly mediaeval atmosphere.

In the Valley the landscape is dramatically sculpted by the contours of the paddy fields. The towns and villages are alive with the colours of farm produce, ranging from pyramids of golden grain to the vivid reds of chilli peppers laid out on mats to dry in the sun. In the streets and towns there is a constant bustle of activity, especially in the bazaars and markets where the farmers sell their vegetables and fruit.

DAY 3: DRIVE TO BANDIPUR, AFTERNOON VILLAGE WALK.

Drive to Bandipur (3 hours)

Walk around Bandipur

Breakfast

Old Inn in Bandipur

In the morning you will be driven in a private vehicle to Bandipur. This small town is located on a ridge above the Kathmandu to Pokhara road and has superb views of the Himalayan peaks to the north including Annapurna, Dhaulagiri, Manaslu and Ganesh Himal.

Bandipur has been considerably developed for tourists where some of the old houses have been carefully converted to hotels and there are thankfully few concrete buildings like elsewhere in Nepal. Compared to the hustle and bustle of Kathmandu the small town of Bandipur is peaceful place as vehicles are not allowed to enter into the main square.

DAY 4: DRIVE TO POKHARA

Drive to Pokhara (3 hours)

Breakfast

Mount Kailash Resort in Pokhara

After breakfast you drive to the lakeside town of Pokhara where there are superb views to the snowy Himalayan peaks including Machapuchare and Annapurnas. In the afternoon you can either relax at the hotel or explore the town of Pokhara.

DAY 5: BOAT TRIP ACROSS PHEWA LAKE AND WALK TO WORLD PEACE STUPA FOR HIMALAYAN VIEWS.

Walk to Peace Stupa

Breakfast

Mount Kailash Resort in Pokhara

After breakfast you take a boat trip across Phewa Lake then walk to Shanti Peace stupa above the lake. The mountain views from stupa are that at their best in the morning. For the rest of the day you can explore Pokhara around Lakeside.

DAY 6: DRIVE TO CHITWAN NATIONAL PARK

Drive to Chitwan (4 hours)

Breakfast, Lunch and Dinner

Jungle Villa Resort in Chitwan

After breakfast you will be driven to Chitwan National Park located 90km from Pokhara where you check into Jungle Villa Resort.

Chitwan is located on the plains to the south of the Himalaya range on near the border with Nepal and India. This area is one of the few remaining undisturbed parts of the Terai and has a rich flora and fauna including Bengal tiger, single-horned Asiatic rhinoceros, wild elephants, leopards, sloth bear and the rare gangetic dolphin. Chitwan is also a superb bird habitat with over 300 species recorded.

The latest surveys indicate there is currently 125 tigers and 500 rhinos in Chitwan National Park showing a healthy increase in numbers over the last thirty years. The size of Chitwan National Park is 932 square km plus a buffer zone of 766 km² comprised mainly of sal forest, water marshes and grassland. There is a high diversity of ecosystems from the flood plains of the Rapti and Narayani rivers with their ox-bow lakes and rising up to 800m in the hills to the east. Chitwan National Park was designated as UNESCO World Heritage Site in 1984.

Activities at Jungle Villa Resort in Chitwan National Park:

Upon arrival at Jungle Villa Resort in Chitwan you will be served a welcome drink and after a short briefing on the program and about their facilities you will be taken to your room. The final program for your stay will be given to you on arrival however we have written the proposed program below. Please note the activities will be adjusted according to the length of your stay, the season and present weather conditions. The following is an outline program for the rest of the day:

3:30pm Jeep Safari: a driver along with a naturalist guide will take you into the core area of Chitwan National Park. Crossing the savannahs and entering into the dense jungle you will get the chances to spot various birds and animals in their natural habitat.

6:30pm Slide Presentation: one of the resort's jungle experts will introduce background data and history of the Chitwan National Park as well as some other topics relating to wildlife

7:30pm Dinner in the central dining hall.

DAY 7: ACTIVITIES IN CHITWAN NATIONAL PARK

Activities in Chitwan National Park

Breakfast, Lunch and Dinner

Jungle Villa Resort in Chitwan

The following is the program for the day:

5:30am Wake-up call: followed by tea or coffee.

6:00am Canoeing: A traditional dug-out canoe takes you on a silent trip down the Rapti river to view aquatic birds and the animals on the river banks.

8:30am Breakfast.

10:00am Elephant stable visit and bathing: Learn more about these fascinating animals during a visit to the elephant stables. Bathing with the elephants in the river will follow although not in winter months.

1.00pm Lunch.

3:00pm Nature walk with visit to Crocodile Breeding Farm Visit: this trip is on foot through Sal forest, open grassland and riverine jungle. The naturalist guides will identify the species of birds, plants and other wildlife that you may see along the way. At Crocodile Breeding Farm you will see the endangered Gharial Crocodile, Marsh Mugger Crocodile and Tortoises.

6:30pm Tharu Stick Dance: Farmers of the nearby villages will show their traditional skills and dances.

7:30pm Dinner in the central dining hall.

DAY 8: ACTIVITIES IN CHITWAN NATIONAL PARK

Activities in Chitwan National Park

Breakfast, Lunch and Dinner

Jungle Villa Resort in Chitwan

The following is the program for the day:

5:30am Wake-up call: followed by tea or coffee.

6:30am Bird watching: time spent with naturalist guide on bank of River Rapti watching and identifying birds.

8:30am Breakfast.

9:00am Tharu Village Visit: we proceed for a short walk to visit the native Tharu Village. The naturalist guide will brief you about the social and cultural aspect of the villagers and their lifestyle.

1.00pm Lunch.

3:00pm Jeep Safari: a driver along with a naturalist guide will take you for a second jeep safari into Chitwan National Park.

7:30pm Dinner in the central dining hall

DAY 9: FLY TO KATHMANDU, DRIVE TO NAMO BUDDHA

Fly to Kathmandu

Drive to Namo Buddha (1 1/2 hours)

Breakfast

Namo Buddha Resort

After breakfast, you drive to Bharatpur airport for the short flight back to Kathmandu. On arrival you drive to Namo Buddha on the rim of the Kathmandu valley where there is a superb mountain panorama from Namo Buddha Resort.

DAY 10: WALK OR DRIVE TO DHULIKHEL

1) Drive to Dhulikhel (1 hour)

2) Walking to Dhulikhel (2 hours)

Breakfast

Dhulikhel Lodge Resort

Today you have the option to walk to Dhulikhel or to drive by car. If you decide to walk the trail takes you through traditional villages with mountain views.

DAY 11: DRIVE TO BHAKTAPUR, AFTERNOON SIGHTSEEING

Drive to Bhaktapur (1 hour)

Breakfast

Hotel Planet Bhaktapur

In morning you drive to Bhaktapur for sightseeing this is an ancient Newar town in the east corner of the Kathmandu Valley and is listed as a World Heritage by UNESCO for its rich culture, temples, and wood, metal and stone artwork. The main places to see are:

Layaku (Durbar Square): Bhaktapur Durbar Square is a conglomeration of pagoda and shikhara-style temples grouped around the 55-window palace of brick and wood.

Nyatapola Temple: This five-storeyed pagoda was built by King Bhupatindra Malla in 1702 A.D. It stands on five terraces, on each of which squat a pair of figures: two famous wrestlers, two elephants, two lions, two griffins, and Baghini and Singhini — the tiger and the lion goddesses.

Bhairab Nath Temple: This is another pagoda temple of lord Bhairab, the dreadful aspect of Shiva.

Dattatraya Temple: Consecrated by King Yakshya Malla in 1427 A.D., this temple, according to popular belief, was built out of the trunk of a single tree.

DAY 12: DRIVE TO KATHMANDU

Drive to Kathmandu (1 hour)

Breakfast

Hotel Ambassador in Kathmandu

DAY 13: FLY BACK HOME

Fly back home

Breakfast

Transfer to Kathmandu airport for your flight back home. End of trip.

DATES & PRICES**2024**

Dates	Trip Leader	Price	Single Supplement: Room/Tent	Availability
06 Oct 2024 to 18 Oct 2024	Local Leader	US\$1,950pp	US\$495pp / NA	2 Left to Guarantee
03 Nov 2024 to 15 Nov 2024	Local Leader	US\$1,950pp	US\$495pp / NA	2 Left to Guarantee

2025

Dates	Trip Leader	Price	Single Supplement: Room/Tent	Availability
16 Mar 2025 to 28 Mar 2025	Local Leader	US\$1,950pp	N/A	2 Left to Guarantee
06 Apr 2025 to 18 Apr 2025	Local Leader	US\$1,950pp	US\$495pp / NA	2 Left to Guarantee
05 Oct 2025 to 17 Oct 2025	Local Leader	US\$1,950pp	US\$495pp / NA	2 Left to Guarantee
02 Nov 2025 to 14 Nov 2025	Local Leader	US\$1,950pp	US\$495pp / NA	2 Left to Guarantee

PRACTICAL INFORMATION

Kit List

CLOTHING AND EQUIPMENT LIST FOR NEPAL TOURS**Footwear:**

- Comfortable shoes i.e trail shoes or trainers.
- Flip flops or sandals.

Travel clothes. You will need clothing as follows:

- Lightweight waterproof jacket.
- Casual long sleeved shirt.
- T shirts.
- Lightweight trousers.
- Micro fleece.
- Socks and underwear etc.
- Swim wear

Headwear:

- Sun hat.
- Bandana or face mask (eg. [Buff Headwear](#) or purchase a [#myTMCbuff](#)).

Personal Equipment:

- Toiletry bag include toilet paper, soap, towel, toothbrush, etc.

- Headtorch. Useful during power cuts.
- Backpack for day trips. Recommended size is 15 to 20 litres.
- Water bottle.
- Sunscreen and lipsalve with a high SPF.
- Insect repellent.
- Books, phone and cards etc.
- Power adapter.
- Camera with spare batteries and memory cards.
- Insurance certificate.
- Hand sanitizer. We suggest you keep this in your day pack.
- Duffle bag (or backpack) for your personal gear. Bring a small combination padlock to secure the bag.

Personal first aid kit:

Please bring personal medications and other items you might use regularly such as:

- Any personal medications.
- Insect repellent.
- Plasters and blister treatment (Compeed patches are the best).
- Anti-septic cream.
- Analgesics (paracetamol, ibuprofen and aspirin).
- Throat lozenges.
- Diarrhoea treatment (Immodium) and oral rehydration salts (Dioralyte).
- Antihistamine cream and tablets (Cetirizine or loratidine)
- Multi vitamin tablets.

Internal Flights**INTERNAL FLIGHTS**

Foreign, Commonwealth & Development Office ("FCDO") travel advice from UK to Nepal states that "STOL airstrips in Nepal are among the most remote and difficult to land on in the world and are a challenge for even the most technically proficient pilots and well-maintained aircraft." For their latest advice please take a look at their [Safety & Security section under Air Travel](#).

There have been a number of recent air accidents in Nepal and in December 2013 The European Union banned all airlines based in Nepal from flying in the 28-nation bloc under the latest changes to a list of unsafe carriers. For more information on Nepal's air safety profile take a look at [Aviation Safety Network](#).

ACCOMMODATION

DHULIKHEL LODGE RESORT IN DHULIKHEL



Dhulikhel Lodge Resort is a short walk from the centre of Dhulikhel town. This hotel has wonderful mountain views.

The property has 24 bedrooms with en-suite bathrooms with showers. The rooms have wifi, TV and tea & coffee making facilities.

OLD INN IN BANDIPUR



The Old Inn is located in the heart of the traffic free bazaar in the centre of the small town of Bandipur.

The hotel consists of two adjoining timber and stone Newari townhouses with adobe, stucco façade. The ground floor has dark wooden pillars and beams opening onto the flag-stoned bazaar. The rooms are in a traditional house so are quite small and have low ceiling and doorways however this renovation has been sensitive to the original style and integrity of the building. The rooms in the original wing do not have attached bathrooms however the rooms in the Extra star wing renovated in 2012 are en-suite. The Old Inn has a simple elegance and this is enhanced by the friendly welcome from the staff.

JUNGLE VILLA RESORT IN CHITWAN



Jungle Villa Resort is located near to the Chitwan National Park headquarters, Kasara, on the banks of the Rapti river. The resort is between two community forests and the National Park is on the other side of the river.

Accommodation at the resort includes a cluster of cottages having well-furnished rooms equipped with modern amenities. All cottage rooms overlooking the picturesque Rapti river and Chitwan National Park.

MOUNT KAILASH RESORT IN POKHARA

We have used [Mount Kailash Resort](#) in Pokhara for our groups for many years. it is our first choice hotel for trekking groups as we have received positive feedback on their service and location. This property is located on Lakeside and a short walk to the restaurants, shops, and near the lake. The rooms are spacious with attached bathrooms and have television, air-conditioning, and Wi-Fi. They serve an excellent breakfast buffet from 7 am to 10 am. There is an attractive garden with a swimming pool so it is a wonderful place to relax before or after a trip.

HOTEL AMBASSADOR IN KATHMANDU

We have used [Hotel Ambassador](#) in Kathmandu for our groups since it was rebuilt in 2017. Since then we have received positive feedback on their service and location. This is our first choice hotel for trekking groups in Kathmandu. Rooms are well appointed with a reliable supply of hot water for use in the shower. The windows have double glazing so it keeps the rooms very quiet. They serve an excellent breakfast buffet from 7am to 10am. A sundowner on their rooftop bar and restaurant called Foreign Affairs is a must do!

Notes downloaded on: 18-05-2024

