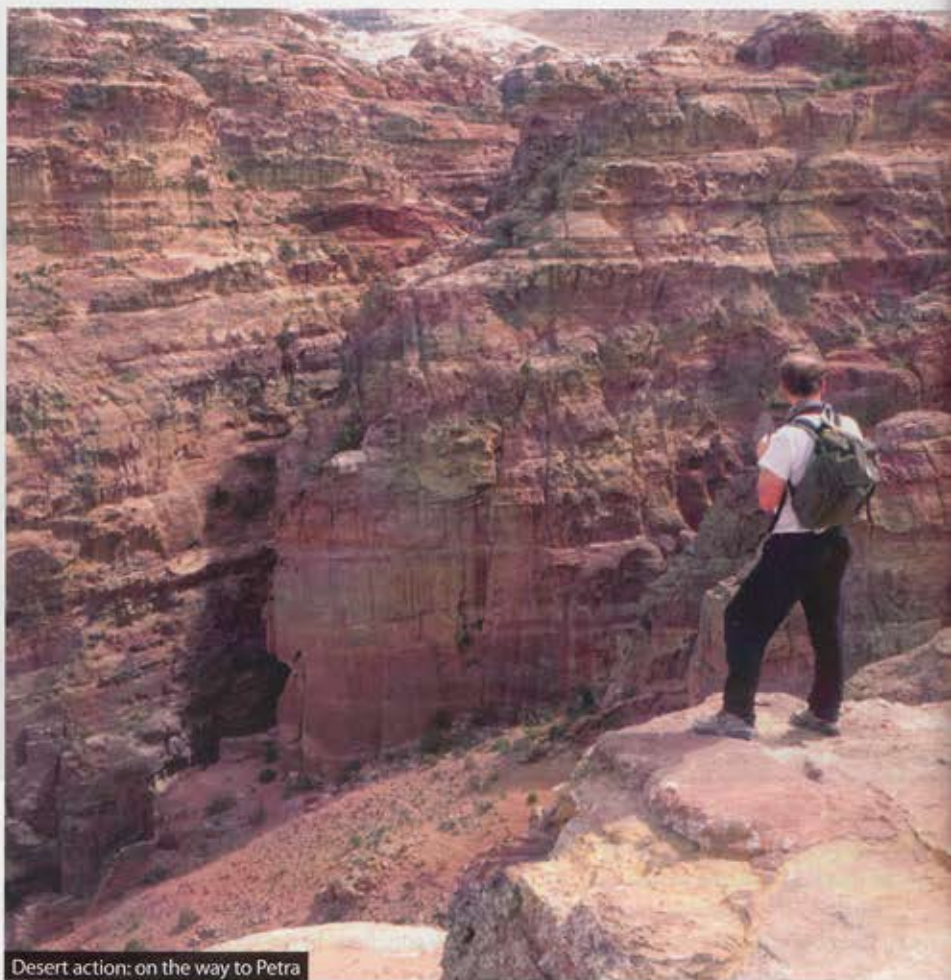


61 The Lunana Snowman Trek, Bhutan

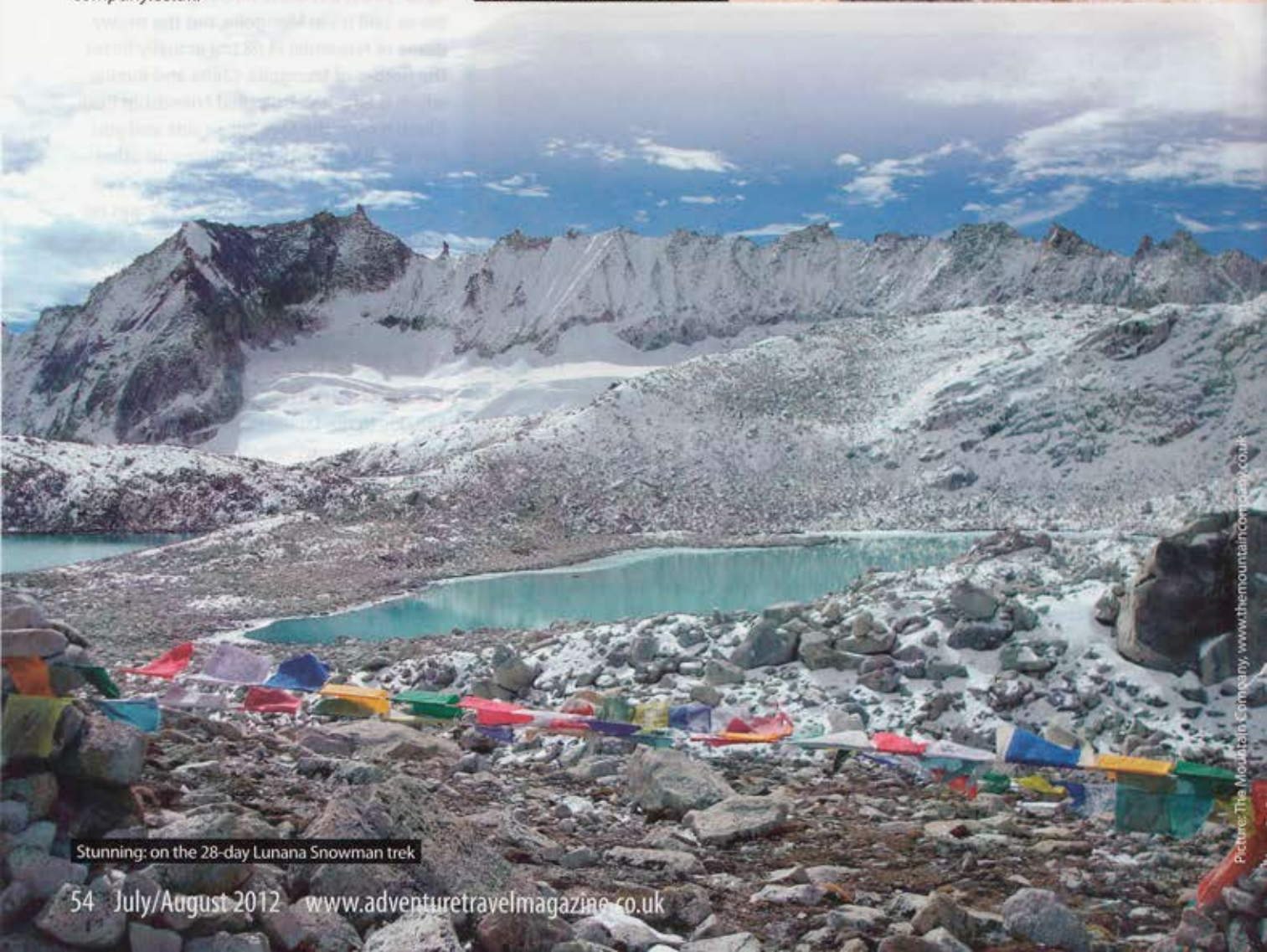
"Over the past five years I have been fortunate to lead two of our groups on the Lunana Snowman trek in the Kingdom of Bhutan, and there is no doubt it is one of my favourites in the Himalaya," says Roland Hunter from trekking specialists The Mountain Company (www.themountaincompany.co.uk).

"The Snowman is a long trek at 28 days, traversing northern Bhutan on the border with Tibet and travelling into Lunana, a remote and rarely visited region of the Eastern Himalaya. Along the way you cross eight high mountain passes over 5,000m and see many spectacular Himalayan giants such as Mount Chomolhari at 7,326m; Mount Jitchu Drake at 6,797m and Mount Gangkar Punsum at 7,570m (the world's highest unclimbed mountain). Due to the locals' Buddhist beliefs there is little hunting of wild animals and on our treks we saw Himalayan blue sheep, Himalayan black bear, Himalayan marmots, eagles and lammergeier (bearded vultures) and plenty of evidence of snow leopards."

The Mountain Company runs annual Lunana Snowman treks, see www.themountaincompany.co.uk.



Desert action: on the way to Petra



Stunning: on the 28-day Lunana Snowman trek